

## Curriculum Vitae

Dr. Amy Parish, Psy.D.

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501.208.7285

amyparish@hotmail.com

### Practice Locations

7515 Greenville Avenue, Suite 405  
Dallas, TX 75231  
877.414.0414  
469.620.3283 fax

415 North McKinley, Suite 130  
Little Rock, AR 72205  
501.319.7437  
501.319.7439 fax

### *Satellite Locations*

*Batesville Neurology  
1699 Harrison Street Suite D  
Batesville, AR 72501*

*Fairlamb Senior Health Clinic  
614 Broadmoor Drive  
Mountain Home, AR 72653*

*800 8<sup>th</sup> Avenue Suite 630  
Fort Worth, TX 76104*

*1420 Celebration Blvd  
Kissimmee, FL 34747*

### **EDUCATION**

07/06-10/08

Neuropsychology Post-Doctoral Fellowship  
St. Vincent Infirmary Longevity (Memory) Center  
Little Rock, AR

06/05-07/06

Clinical Psychology Doctoral Internship  
University of Kansas Medical School  
Department of Psychiatry and Behavioral Sciences  
Kansas City, KS

08/02-06/06

Doctor of Psychology, Clinical Psychology  
California School of Professional Psychology (CSPP)  
Fresno, CA  
APA accredited program

08/02-06/04	Master of Arts, Psychology California School of Professional Psychology Fresno, CA
08/01-05/02	Counseling Psychology, non-matriculated Master's student Angelo State University, San Angelo, TX
08/98-08/01	Bachelor of Science, Psychology Angelo State University, San Angelo, TX

### **HOSPITAL AFFILIATIONS**

2006- Present	Conway Regional Hospital, Little Rock, AR <i>Active Status</i>
2009- Present	Baptist Hospital, Little Rock, AR <i>Active Status</i>
2009-Present	Baptist Hospital-Southwest Campus, Little Rock, AR <i>Active Status</i>
2016- 2018	Plaza Medical Center (Medical City Fort Worth), Fort Worth, TX <i>Active Status</i>
2006- 2016	St. Vincent Hospital, Little Rock, AR

### **PROFESSIONAL INVOLVEMENT**

2014-Present	American Academy of Clinical Neuropsychology, Affiliate Member Status
2009-Present	National Academy of Neuropsychology, Professional Member Status
1999-Present	American Psychological Association, Professional Member Status

### **CLINICAL EXPERIENCE**

10/08-Present	Neuropsychology Associates, PA Clinical Neuropsychologist Provide comprehensive outpatient psychological, forensic, and neuropsychological services to adults. Provide additional neuropsychological services via telehealth to rural Arkansas locations. Provide leadership to professional and support staff.
01/2008-03/2018	Conway Regional Hospital & Conway Regional Transitional Care Unit (Geropsychiatric Unit) Neuropsychologist Provide comprehensive inpatient psychological and neuropsychological services to adults and geriatrics.

- 03/2010-01/2018 Baptist Health Hospital &  
Baptist Health Southwest Campus (Geropsychiatric Unit)  
Neuropsychologist  
Provide comprehensive inpatient psychological and neuropsychological services to adults and geriatrics.
- 10/2013-01/2015 Dr. David Health and Wellness Clinic, Little Rock, AR  
Director  
Provide leadership and supervision over medical staff including physician, nursing, and support staff.
- 10/2013-01/2015 Little Rock Medical Concierge, Little Rock, AR  
Co-Director  
Provide leadership and supervision of medical and support staff.
- 01/2014-01/2015 Med Spa at Plaza West, Little Rock, AR  
Co-Director  
Provide leadership and supervision over medical and support staff.
- 10/08-06/2012 St. Vincent Medical Center, Little Rock, AR  
St. Vincent Longevity Center  
Clinical Neuropsychologist  
Provide comprehensive inpatient (acute and rehab) and outpatient psychological and neuropsychological services.  
Populations served: geriatric, adult, and adolescent.
- 07/06- 10/2008 Neuropsychology Post-Doctoral Fellowship, Little Rock, AR  
St. Vincent Longevity Center  
Supervisor: A.J. Zolten, Ph.D.,  
Director of Psychology Services  
Full-time clinical neuropsychology fellowship program.  
Provide comprehensive inpatient acute care hospital and rehabilitation and outpatient psychological and neuropsychological services under direct supervision.
- 07/05-07/06 Clinical Psychology Intern  
Kansas University Medical School  
Department of Psychiatry and Behavioral Sciences  
Director of Training:  
Edward Hunter, Ph.D., ABPP Clinical Psychologist  
**Doctoral Hours:** 2000  
Responsibilities: *Full-time clinical psychology internship program which satisfied requirements for completion of doctoral degree. Weekly didactics alongside advanced psychiatry residents & weekly psychiatry, neurology, and neuropsychology grand rounds.*

08/04-06/05

Psychological Trainee

Timber Ridge Ranch Neurorehabilitation Center

Supervisor: A.J. Zolten, Ph.D., Clinical Neuropsychologist

Responsibilities: Conduct adult, adolescent, and child neuropsychological and IEP evaluations in an inpatient setting. Serve as a liaison/consultant on issues of care. Independently facilitate child, adolescent, and adult groups with focus on alcohol/drugs, anger management, depression, anxiety, and coping skills. Individual and family therapy with children, adolescents, adults, and older adults with special emphasis on cognitive-behavioral and behavioral techniques. Participate in behavioral programming and weekly interdisciplinary meetings (Medical, PT, OT, Speech, Behavioral and Support staff). Utilize non-pharmacological techniques in order to treat chronic pain (biofeedback, relaxation techniques). **Special populations:** dual diagnosis children/adolescents and T.B.I.

12/03-06/04

Psychological Trainee

VA Sierra Nevada Health Clinic

Supervisors: Lory Clukey, Psy.D., Clinical Psychologist

Jeffrey Nelson, M.D., Psychiatrist

**Doctoral Hours:** 520

Responsibilities: Individual and group counseling with adults and older adults. Independently facilitated chronic pain and healthy living groups. Co-facilitated Combat PTSD and Chronic Mental Illness groups. Participated in psycho educational seminars, completed intake reports, psychological assessments and reports, crisis intervention, treatment implementation and development. Program development which focused on treating alcoholism in a primary care setting. **Specialized Training in Combat PTSD.**

01/03-05/03

Behavioral Health Intern

Kaiser Permanente Medical Center

Supervisors: Marvin Perez, Ph.D.

Jan Taylor, L.C.S.W.

**Doctoral Hours:** 160

Responsibilities: Individual, couples, and group counseling with adults and older adults. Co-facilitated chronic pain and senior support groups. Lecturer for psycho educational seminars, completed intake reports, psychological assessments and reports, crisis intervention, treatment implementation and development, "5150" training. **Specialized training in cognitive-behavioral group therapy with chronic pain patients.**

08/01-12-01 Graduate Assistant  
Wright, Smith and Associates

### **CERTIFICATION and LICENSURE**

08/2016-Present Psychologist, License #37471  
Texas

03/2016-Present Psychologist, License #PY 9498  
Florida

01/2008-Present Psychologist, License #08-03P  
Neuropsychology Specialty, Arkansas

07/2006-01/2008 Psychologist, Provisional License Number #06-05-AU-PL  
Arkansas

2004 Psychological Examiner, Provisional License # 704565,  
Arkansas

1996 Medical Assistant, EKG Technician, Phlebotomy Certifications  
Arkansas Academy of Allied Health, Hot Springs

### **RESEARCH**

2007-2009 Research Project  
Harding University Physician Assistant Program  
  
*Title: Risk factors for cardiovascular disease in the elderly in the rural community of Center Ridge, Arkansas.*

2005-2006 Research Project  
Kansas University Medical School  
  
*Title: Pain prescription or addiction: Which came first? Accepted for poster presentation at the 25<sup>th</sup> Annual Scientific Meeting for the American Pain Society. Abstract published in The Journal of Pain. May 2006.*

2005-2006 Research Project  
Kansas University Medical School  
*Title: An interdisciplinary investigation into the psychopathology underlying post-traumatic stress disorder.*

2003-2006 Doctoral Dissertation  
California School of Professional Psychology  
Fresno, CA

Title: *An outcome study of cognitive behavioral and physical therapies in the treatment of chronic pain.*

***Final Defense Completed and Passed: May 2005***

2002

Research Assistant  
California School of Professional Psychology  
Supervisor: Siobhan O'Toole, Psy.D.

Project: *Conducted literature reviews on women, body image, verbal abuse, and depression. Assisted in proposal, data collection, and management.*

## **PUBLICATIONS**

A Parish, R Twillman; *The Journal of Pain*, April 2006  
(Vol. 7, Issue 4 (Supplement), Page 97)

A Parish: Doctoral Dissertation: *An outcome study of cognitive behavioral and physical therapies in the treatment of chronic pain*, May 2005

## **HONORS and AWARDS**

1993-1995	President's Scholarship
1999-Present	Psi Chi National Honor Society in Psychology, Member
2002-2004	Alliant International University, Merit Scholarship
2003	Fresno Women's Network, Scholarship
2005	Dissertation Research Award, CSPP

## **ACADEMIC APPOINTMENT**

Fall 2005	University of Missouri at Kansas City (UMKC) Adjunct Faculty/Psychology Department Undergraduate course: History and Systems of Psychology Director of Undergraduate Program: Dr. Linda Garavalia
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## **INVITED PRESENTATIONS**

Parish, A. (May 2011). *How neuropsychology can aide in the treatment and services for the elderly*. Invited presentation for the Senior Services Networking Group, Little Rock, AR.

Parish, A. (September 2010). *How neuropsychology can aide in the treatment and diagnosis of multiple sclerosis*. Invited presentation for the National Multiple Sclerosis Society, Arkansas Division, Little Rock, AR

Parish, A. (July 2009). *Vascular Dementia*. Invited presentation for St. Vincent Rehabilitation Hospital, North Little Rock, AR.

Parish, A. (June 2007). *IEED-Involuntary Emotional Expressive Disorder*. Invited presentation for St. Vincent's Rehabilitation Hospital, North Little Rock, AR



May 2006	American Pain Society, Annual Scientific Meeting San Antonio, TX
July 2005-July 2006	Weekly advanced psychiatry didactics University of Kansas Medical School Department of Psychiatry Kansas City, KS
July 2005-July 2006	Weekly Grand Rounds Department of Psychiatry University of Kansas Medical Center Kansas City, KS
July 2005-June 2006	Advanced Neuropsychology Lectures Department of Neuropsychology and Cognitive Neuroscience University of Kansas Medical School
September 2005-June 2006	Advanced Psychotherapy Lectures-weekly Department of Psychiatry University of Kansas Medical School
August 2007	Academic Review, continuing education New York, NY
December 2008	American Medical Association: Pathophysiology of Pain and pain Assessment, Overview of Management Options, Barriers to Pain Management and Pain in Special Populations.
October 2009	National Academy of Neuropsychology, Annual Conference
April 2010	Continuing Education in Psychology, Diagnosis and Treatment of Cognitive Changes at the End of Life
May 2010	Continuing Education in Psychology, Supervision: A Guide for Mental Health Professionals, Brain Basics: Understanding Sleep, Tobacco Addiction, Depression, Attention Deficit Hyperactivity Disorder, Anxiety Disorder, Boundaries in Mental Health Treatment
June 2011	Continuing Education In Psychology, Elder Abuse, Prescription Drugs: Abuse and Addiction, Older Adults and Mental Health, Co-occurring Disorder- Substance-Related and Mental Disorders, Progress Report on Alzheimer's Disease
May 2012	Continuing Education In Psychology, Ethics for Mental Health Professionals, Bipolar Disorder, Medications for Mental Disorders, Dementia: Hope Through Research



June 2012	Seizures and Epilepsy: Hope through Research, Parkinson's disease: Hope Through Research, Mentally Healthy Aging: A Report of Overcoming Stigma for Older Adults, Traumatic Brain Injury: Hope Through Research, Stroke: Hope Through Research
May 2013	Case Review: Dr. AJ Zolten
May 2013	What's Your Aging IQ: Interpersonal Relations, Wayne Elkins, LCSW
June 2013	Issues in Domestic Violence: Introduction and Theories
June 2013	Management of Concussion/Mild Traumatic Brain Injury-Evidence Based Practice
June 2013	Stroke Rehabilitation-Evidence Based Practice
June 2014	American Academy of Clinical Neuropsychology, Annual Conference DSM-5 Update for Neuropsychologist; Reconsidering the Role of Vascular Disease in Alzheimer's Disease Pathogenesis; Developmental Neuropsychology of Memory Functions; Clinically Relevant Functional Neuroanatomy XI; Update on the Frontotemporal Syndromes: Lessons for Neuropsychology
June 2014	The Treatment of Depression In Older Adults
June 2014	DSM-5: An Overview of the Major Changes
June 2014	Depression and Older Adults: Key Issues
May 2015	Harvard Medical School, Dementia: A Comprehensive Update Cognitive Systems in Health, Aging and Dementia; Memory Systems & Amnesia, Can Alzheimer's Dementia Be Prevented? Prevention Trials in Preclinical AD; Clinical use of Biomarkers in Dementia: Neuroimaging, Molecular Studies & Genetics; Current Trends in Alzheimer's Dementia, Evaluation, Treatment & Care; Mild Cognitive Impairment: Diagnosis & Care, Experimental Trials & Future Therapies for the Alzheimer's Disease Clinical Spectrum; Neuropsychology of Aging & Dementia; Executive Systems & Frontotemporal Dementias; Language Dementias: The Primary Progressive Aphasia Spectrum; Neurodegenerative Dementias with Parkinsonism; Vascular Cognitive Impairment & Dementia, Office Based Cognitive Screening Instruments; What May We Learn from Performance Patterns on Office-Based Dementia Screening Instruments: Case Examples; Sub-Acute and Rapidly Progressive Dementias; Neuropathology of

Dementias: What Practicing Clinicians Need to Know;  
Management of Neuropsychiatric and Behavioral Issues in  
Dementia-Non-Pharmacological Approaches to  
Neuropsychiatric and Behavioral Issues in Dementia;  
Pharmacological Management of Behavioral Problems in  
Dementia: Psychosis, Agitation & Aggression;  
Pharmacological Management of Depression, Apathy, and  
Sexualized inappropriate Behavior in Alzheimer's Disease  
Patients; From Capacity to Comfort: Medico-legal, Driving &  
Long-term Care Issues in Dementia-Where There's a Will  
There's a Way: Transactional Capacity & End of Life Legal  
Issues in Dementia; Mental Competence and Legal Issues in  
Dementia, Defining and Assessing Driving Risk in Older  
Adults with Cognitive Impairment: The Clinical Perspective;  
Driving & Dementia: Assessment of Capacity and Medico-  
Legal Considerations; Neuroethics of Dementia; Medical  
Management of Dementia in the Long Term Care Setting:  
Focus on Pain, Palliation, & Hospice Care

- June 2015                      Transitioning Your Psychology Practice to Primary and  
Specialty Health Settings: Competencies, Collaborations and  
Contracts
- October 2015                Preventing Medical Errors: Best Practices for Mental Health  
Professionals
- June 2016                    Aging Under the Microscope: A Biological Quest
- June 2016                    Alzheimer's: The Latest Assessment and Treatment Strategies
- June 2016                    Sleep-An Overview
- June 2016                    Ethics & Boundary Issues
- June 2016                    Understand Dementia Care & the Senior Gems with Teepa  
Snow
- June 2017                    Preventing Medical Errors: Best Practice for Mental Health  
Professionals-2017
- June 2017                    Pain Management: A Comprehensive Review
- June 2017                    Epilepsy
- June 2017                    Sleep Disorders Part 2: Adults
- June 2017                    Sleep Disorder Part 3: Elderly/Geriatrics
- June 2017                    Neuroleptic Malignant Syndrome

**PROFESSIONAL EXPERIENCE**

- 2000-2003 Parish Hotels L.L.C., So. Lake Tahoe, CA  
General Manager/Minority Investor, So. Lake Tahoe, CA  
Developed management assumption plan, established new procedures for property and restaurant, review all current personnel, retraining of all employees, established accounting procedures and end of month procedures, evaluate sales & marketing programs, developed new sales & marketing plan and budget.
- 1998-2000 Kilburg Hotels, Scottsdale, AZ  
General Manager, Plainview, TX  
Successfully helped new management company, worked to ensure smooth transition, hire and train managers and employees, retaining critical employees and managers, implement new companies procedures, and ensured proper accounting and inventory procedures were followed during reorganization.
- 1997-1998 Baptist Health Center, Birmingham, AL  
Office Nurse
- 1996-1997 Arkansas Emergency Transport, Jacksonville, AR  
Patient Transfer Coordinator

**VOLUNTEER SERVICE**

- 10/2010-10/2013 Director  
Grandview Food Bank  
Center Ridge, AR  
Responsible for overall management, financial planning, and grant writing
- 10/2010-10/2013 Advisory Board Member  
Arkansas Food Bank  
Little Rock, AR
- 01/2001-12/2001 Children's Hospital Central California  
Volunteer